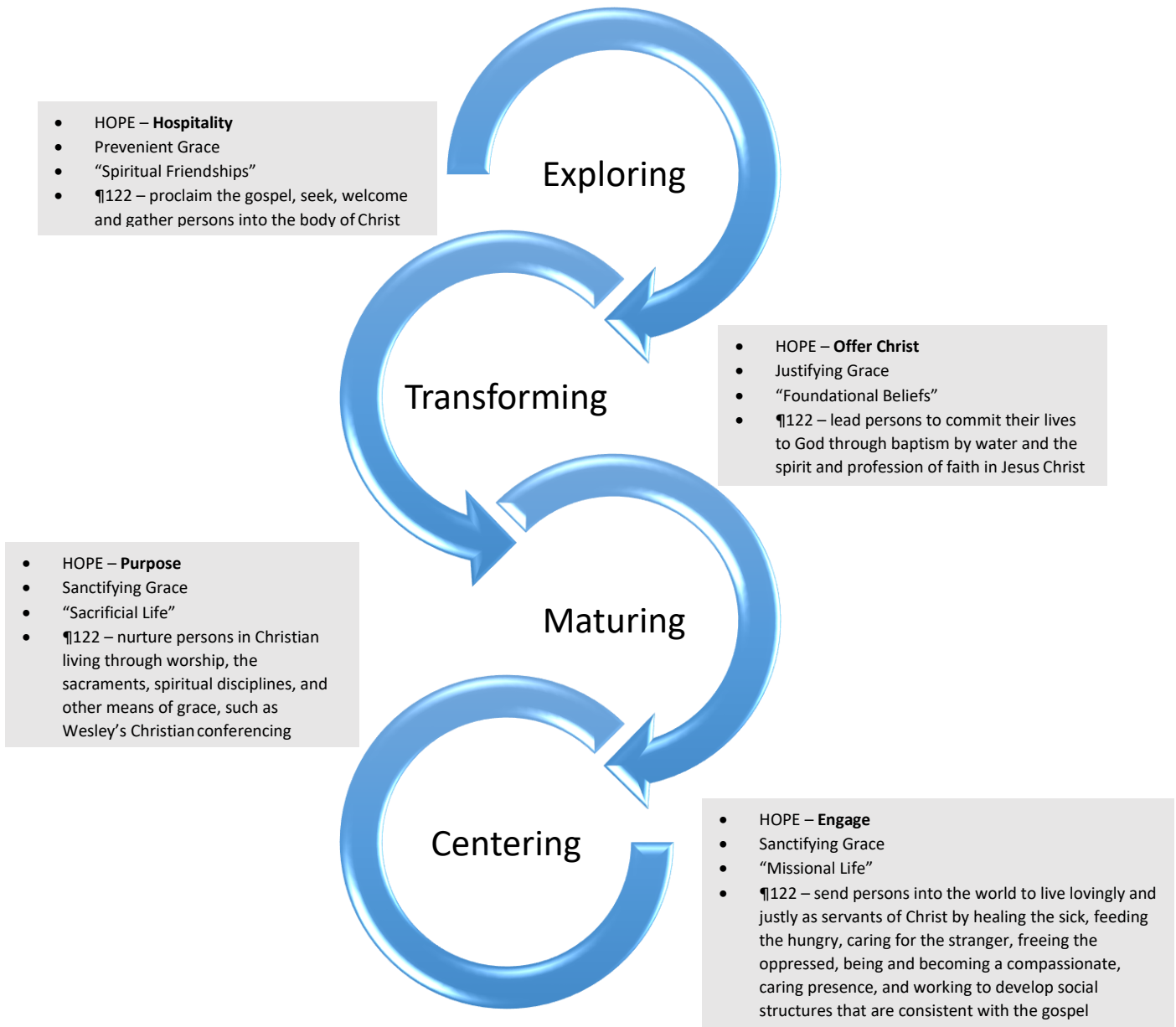


# Making Disciples, Transforming the World



## Undergirding practices along the way

1. A disciple **worships**
2. Is a part of a **community**
3. Commits to **spiritual practices**
4. Is **generous and serves**
5. Is seeking to be **Christ-like**<sup>1</sup>

<sup>1</sup> Dotson, *Developing an Intentional Discipleship System: A Guide for Congregations* (Nashville: Discipleship Ministries, 2017), pg. 26.

# Making Disciples, Transforming the World

## Exploring Christ

<p><b>Studies</b></p> <ul style="list-style-type: none"> <li>• Ruben Job, “Three Simple Questions: Knowing the God of Love, Hope and Purpose” (6 weeks)</li> <li>• Ruben Job, “Three Simple Rules: A Wesleyan Way of Living” (6 weeks)</li> <li>• Will Willimon, “This We Believe: The Core of Wesleyan Faith and Practice” (8 weeks)</li> </ul>	<p><b>Mission Experiences</b></p> <ul style="list-style-type: none"> <li>• Thanksgiving and Christmas food baskets (collection, sorting, delivery)</li> <li>• Food Drives (collection, sorting, delivery)</li> <li>• Blood Drives</li> <li>• CROP Hunger Walk/Relay for Life</li> <li>• Rise Against Hunger</li> </ul>
<p style="text-align: center;"><b>Other Opportunities</b></p> <p>Hospitality Systems in place to welcome guests      Vacation Bible School with classes for adults</p>	

## Transforming in Christ

<p><b>Studies</b></p> <ul style="list-style-type: none"> <li>• Steve Harper, “Five Marks of a Methodist: The Fruit of a Living Faith” (6 weeks)</li> <li>• James Harnish, “A Disciple’s Path: Deepening Your Relationship with Christ and the Church” (6 weeks)</li> </ul>	<p><b>Mission Experiences</b></p> <ul style="list-style-type: none"> <li>• 1 day/short-term VIM experiences</li> <li>• Serve at a local soup kitchen or other local church outreach ministry</li> <li>• Volunteer at an after-school tutoring or reading program</li> <li>• Habitat for Humanity team</li> </ul>
<p style="text-align: center;"><b>Other Opportunities</b></p> <p>ALPHA      Adult Confirmation</p>	

## Maturing in Christ

<p><b>Studies</b></p> <ul style="list-style-type: none"> <li>• Elaine Heath, “Five Means of Grace: Experience God’s Love the Wesleyan Way” (6 weeks)</li> <li>• Chris Folmsbee, “The Wesley Challenge: 21 Days to a More Authentic Faith” (3 weeks)</li> <li>• Disciple Bible Study</li> </ul>	<p><b>Mission Experiences</b></p> <ul style="list-style-type: none"> <li>• Participate on a VIM Team</li> <li>• Participate in visitation or prayer ministry at local church</li> <li>• Coordinate a mission experience in the community</li> </ul>
<p style="text-align: center;"><b>Other Opportunities</b></p> <p>Walk to Emmaus      Sunday school/Small Groups (long term/relationship building)</p> <p>Lay Servant Ministry (Basic Course)</p>	

## Centered in Christ

<p><b>Studies</b></p> <ul style="list-style-type: none"> <li>• Magrey deVega’s “One Faithful Promise: The Wesleyan Covenant for Renewal” (6 weeks)</li> <li>• Adam Hamilton, “Enough: Discovering Joy Through Generosity and Simplicity” (5 sessions)</li> <li>• Christian Believer or second generation Disciple Bible Studies</li> </ul>	<p><b>Mission Experiences</b></p> <ul style="list-style-type: none"> <li>• Lead/Co-Lead a VIM Team</li> <li>• Young Adult Mission/Service</li> <li>• Project Transformation</li> <li>• Global Mission Fellows</li> </ul>
<p style="text-align: center;"><b>Other Opportunities</b></p> <p>Lay Servant Ministry (Advanced Courses)</p> <p>VIM Team Leader Training</p> <p>Mission u (summer intensive – spiritual growth, geographic, social justice)</p>	

# Making Disciples, Transforming the World

## Concepts covered in each unit

These foundational and supplemental components are based on creating a Methodist identity as found in Wesley's writings, primarily:

1. Accountability Questions (1729-30, 1733 [A Collection of Forms of Prayer for Every Day of the Week], 1781)
2. General Rules (1741)
3. Character of a Methodist (1743)
4. Means of Grace (1740's)
5. Wesleyan Covenant for Renewal (1755)<sup>2</sup>

## Exploring

<i>Three Simple Questions</i>	6 weeks	Basic questions of life—Who is God? Who am I? Who are we together? (introduction, three questions – one week per question, praying the questions, living the questions)
<i>Three Simple Rules</i>	6 weeks	Three General Rules of Methodism (do no harm, do good, stay in love with God – two sessions per rule [one understanding the rule, one practicing the rule])
<i>This We Believe</i>	8 weeks	Major doctrines (introduction, One God, Jesus Christ, Holy Spirit, Guidance of Scripture, Salvation of Sinners, Christian Work and Witness, Gift of the Church)

## Transforming

<i>Five Marks/Methodist</i>	6 weeks	Character of a Methodist (introduction, loves God, rejoices in God, gives thanks, prays constantly, loves others)
<i>A Disciples Path</i>	6 weeks	Membership Vows (introduction, prayers, presence, gifts, service, witness)

## Maturing

<i>Five Means of Grace</i>	6 weeks	Means of Grace in Wesleyan Tradition (introduction, prayer, searching scripture, Holy Communion, fasting, conferencing)
<i>Wesley Challenge</i>	3 weeks	Wesley's 21 Accountability Questions (Relationship with God: an upward focus; Relationship with Self: an inward focus; Relationship with Others: an outward focus)

## Centering

<i>One Faithful Promise</i>	6 weeks	Wesley's Covenant Prayer (introduction, confide in God, compose your spirit, claim the covenant, choose faithfulness, connect to God in prayer)
<i>ENOUGH</i>	5 weeks	Stewardship of Resources (introduction and 4 sessions – dreams/nightmares, wisdom, contentment, generosity)

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<sup>2</sup> See Franklyn's "The Methodist Way of Making Disciples" in *Circuit Rider* Feb/Mar/Apr 2017, pp. 14-16.